



Active Masters Series

April 30th 2010

341 George Street, Fitzroy Victoria 3065 P: (03) 9473 0100 F: (03) 9473 0115

fundraising@wsv.org.au www.wsv.org.au

Kevin Coombs OAM says “**Age and ability shouldn’t be a barrier to a healthy lifestyle. With the introduction of Wheelchair Sports Victoria’s new Seniors Series, I feel like I am back on the team**”

Supporting seniors with a disability, including our valued past Paralympic and World Champions is a responsibility that needs to be shared by all Australians. Having a disability can be tough, but being older and having a disability is a real challenge.

Wheelchair Sports Victoria’s **Active Masters Series** aims to address the mental and physical health issues faced by Senior Victorians with a disability, including many of our nations past sporting heroes.

Focusing on positive health and wellbeing, the series will offer a diverse range of health, sport and recreational activities.

Including events such as fishing and lawn bowls, participation in the series **costs \$340 pp**, which covers all expenses, including medical and personal care.

With the support of partners such as beyondblue the series will deliver benchmark sport and active recreational opportunities.

As there is only limited government funding available, our regular donors are the backbone of the organisation. This series, focusing on “ability”, not “disability, will help restore self esteem and give aim and purpose to our athletes and members lives.”



Help seniors with a disability on the journey from “Gold Medals” to “Golden Years” by donating to this vital initiative.

We thank you for your support.

Vic Permit Number: 9364. Should funds raised exceed the amount required to run our Senior Disability Health Program, Wheelchair Sports Victoria will direct donations to providing further support and services to Victorians living with a physical disability. Donations to Wheelchair Sports Victoria \$2.00 and over are tax deductible.